# ST. MARY PARISH

#### July 9, 2023

#### **Mass Times**

Saturday Vigil 5:00 рм Sunday 8:00 ам, 9:30 ам, 11:00 ам, 5:00 рм Monday - Saturday 8:00 ам

**Holy Days of Obligation** 8:00 AM, 12:00 PM, 7:00 PM

**Confession** Saturday 3:30 - 4:30 рм Or by appointment

Adoration First Sunday Holy Hour 12 Noon - 1:00 PM First Fridays 8:30 AM - 12:00 PM

**Infant Mary Chapel** Monday - Saturday 8:30 ам - 4:00 рм

Parish Office Hours Monday - Friday 9:00 AM - 5:00 PM Closed for lunch 12:30 - 1:30 pm





### **14<sup>TH</sup> SUNDAY IN ORDINARY TIME**

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"Come to me, all you who labor and are burdened, and I will give you rest." - Mt 11:28

excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

OLP

1333 58th Street, Sacramento, CA | (916) 452-0296 | www.stmarysacto.org

# PARISH INFO

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### **Pastoral Staff**

Fr. George Thadathil, CMI, Pastor

Deacon George Kriske, retired

Ramon Aragon, Maintenance

Ben Billeci, Music Director ben@stmarysacto.org

Beckee Lienert, Office Manager beckee@stmarysacto.org

Alyssa McKrell, Facilities Coordinator alyssa@stmarysacto.org

Jackie Scaletta, Sacristan

### **Ministry Contacts**

Altar Servers, Ellie lelati altarserver@stmarysacto.org

Altar Society, Michelle Mills altarsociety@stmarysacto.org

Bereavement Committee, Mary Kassis (916) 383-5224

Catholic Faith Formation, Cindy Blecha cff@stmarysacto.org

Edge (Middle School), Alyssa & Bryan McKrell edge@stmarysacto.org

**Extraordinary Ministers of Holy Communion** Janet Dumonchelle, em@stmarysacto.org

Finance Council, Tim Frame financecouncil@stmarysacto.org

Lectors, Dale Walton lectors@stmarysacto.org

@LIFED (High School). Dominic lelati hsyouth@stmarysacto.org

Pastoral Council, Bryan McKrell pastoralcouncil@stmarysacto.org

Prayer Request Group, Lisa Van Handel-Lane prayergroup@stmarysacto.org

RCIA, George & Michelle Mills rcia@stmarysacto.org

St. Vincent de Paul, Alanna Butterworth svdp@stmarysacto.org

**Ushers/Offertory**, Joe Gutierrez ushers@stmarysacto.org

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www.stmarysacto.org

### Sacrament + Formation Info

Infant Baptism: Baptism Preparation process: 1. Pick up the Baptism Registration Packet from the Parish Office during normal business hours. 2. Turn in completed paperwork to the Parish Office. 3. Attend Baptism Class (parents & godparents). 4. Schedule Baptism.

CFF: Catholic youth are formed through the Catholic Faith Formation program (CFF). Please contact Cindy Blecha at cff@stmarysacto.org.

Marriage: Contact the Parish Office 6 months prior to desired wedding date.

RCIA: Process for adults and children (7+) who are interested in joining the Catholic Church, and baptized Catholics wanting to complete their Sacraments of Initiation. Please contact Michelle Mills at (916) 806-6876.

Anointing of the Sick: Contact the Parish Office.

### Online Giving



Please consider enrolling in St. Mary's eGiving program and setting up your recurring or one time donation to our general offertory or building fund! Sign up today by scanning the QR code and following the link. We thank you for your faithful generosity to our parish community!



Fully Accredited TK to 8th TK: Age 4 by September 1st Kindergarten: Age 5 by September 1st Preschool: 3 Years old and ready

www.saintmaryschool.com

### LITURGY & PRAYER PAGE 2

### **Mass Intentions**

#### Saturday Vigil, July 8

5:00 PM Mary Diaz (Virginia Riggins)

#### Sunday, July 9

8:00 AM Nick & Milka Bilandzich (Kent Williams) 9:30 AM Mary Josephine Monahan † (M.Holler) 11:00 AM Fr. Sijo Chirayath (Mary Kassis) 5:00 PM For our Parishioners (St. Mary Parish)

#### Monday, July 10

8:00 AM Al & Mark Franzoia † (Denise Franzoia) Mary Kavungal † (The lelati Family)

#### Tuesday, July 11

8:00 AM Fr. Sijo Chirayath (The Rossi Family) Beverly Messner † (Sarah Plantenberg)

#### Wednesday, July 12

8:00 AM Richard & Joanie McKechnie † (lelati Fam.) Charles Lozano † (Jennifer Jacky)

#### Thursday, July 13

8:00 AM Deacon George Kriske (Jean Connors) Christopher Golowski † (Tom Golowski)

#### Friday, July 14

8:00 AM Deacon George Kriske (St. Mary Parish) Cindy Blecha (Mary Kassis)

#### Saturday, July 15

8:00 AM Anne Williams (Kent & Ruthie Williams)



### Weekly Readings

Sunday:	Zec 9:9-10; Ps 145:1-2, 8-11, 13-14; Rom 8:9, 11-13; Mt 11:25-30
Monday:	Gn 28:10-22; Ps 91:1-4, 14-15; Mt 9:18-26
Tuesday:	Gn 32:23-33; Ps 17:1-3, 6-7, 15; Mt 9:32-38
Wednesday:	Gn 41:55-57; 42:5-7, 17-24; Ps 33:2-3, 10-11, 18-19; Mt 10:1-7
Thursday:	Gn 44:18-21, 23-29; 45:1-5; Ps 105:16-17, 18- 21; Mt 10:7-15
Friday:	Gn 46:1-7, 28-30; Ps 37:3-4, 18-19, 27-28, 39-40; Mt 10:16-23
Saturday:	Gn 49:29-32: 50:15-26: Ps 105:1-4. 6-7: Mt

### 10:24-3

### **Clergy Corner**

Because of a 4th of July early publishing deadline, we were unable to publish Clergy Corner this week, but please enjoy this Gospel Meditation by Fr. John Muir with LPi.

Do you ever feel restless? I certainly do. Daily tasks and challenges, but also the more basic demand of simply existing — sooner or later, this can all feel crushing and tire us out.

Which is why Jesus' words are such stunningly good news: "Come to me all you who labor and are burdened and I will give you rest" (Matthew 11:28). How vastly weird that this man speaks as though he is capable of giving us the deep repose we desire. Is his claim the height of absurd grandiosity? No, because next he immediately proclaims that he is "meek and humble of heart."

We here touch a mystery: Jesus is capable of giving us rest because he is the one who forever reposes in the heart of God the Father. He is "yoked" to the Father in his divinity. But he is humbly "yoked" to us, sharing in our humanity.

The good news, my fellow tired-out friends: we don't have to despair in our burdens and exhaustion, no matter how heavy they feel. This week, join me in opening our hearts to hear him say to us, "Come! I will give you rest." We come to him in the Church, Eucharist, the Scriptures, prayer, in the poor. There he will give us rest.



### **Online Worship Aid**



Scan the QR code for access to this week's Worship Aid, that provides all of the liturgical content used for the Mass (readings, music, etc).

# PARISH NEWS

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### This Week at St. Mary Parish

SUNDAY

MONDAY Prayer Request Group ...... 6:30 pm Location: Holy Spouses Room

TUESDAY

WEDNESDAY RCIA Inquiry Session ...... 6:00 pm Location: Marian Room

Choir Rehearsal ...... 6:15 pm Location: Giovanni Hall

THURSDAY Choir Rehearsal ...... 6:15 pm Location: Giovanni Hall

FRIDAY

SUNDAY

### **Looking Ahead**

Be sure to mark your calendars for these exciting upcoming parish events!

- August 19th: 75th Anniversary of St. Mary's Church Building Mass & Dinner
- August 20th: 91st Annual Parish Festival
- October 7th: Annual Parish Dinner
- November 4th: Fall Crab Feed



### Welcome to St. Mary's!

Thank you for joining us at St. Mary Parish! Whether you are visiting from another church or are new to the area, we are grateful you have chosen to worship with our faith community. If you would like to register as an official member of our parish family, please contact the parish office!

### Change of Address

Have you moved recently? Please be sure to let the Parish Office know so we can update our records! Thank you!

IT IS SUCH A FOLLY TO PASS ONE'S TIME FRETTING, INSTEAD OF RESTING QUIETLY ON THE HEART OF JESUS.

ST. THERESE OF LISIEUX

# **NEWS & EVENTS**

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GOD IS DOING SOMETHING NEW-AND HE IS CALLING YOU TO BE A PART OF IT!

Jesus desires to heal, renew, and unify the Church and the world. How will he do it? By uniting us once again around the source and summit of our faith-the Holy Eucharist. The National Eucharistic Revival is the joyful, expectant, grassroots response of the entire Catholic Church in the U.S. to this divine invitation.

Scan the code below to learn more about the exciting journey ahead, and sign up for weekly updates on what's happening in this unprecedented national movement!





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# FAITH & FORMATION

— PAGE 5

### Why Do We Do That? Catholic Life Explained

Do we need to fast for one hour before Mass, or one hour before communion?

The practice of fasting before receiving the Eucharist is a centuries-old act of devotion that was once very different than it is today. In the 1917 Code of Canon Law, for example, anyone who wanted to receive the Eucharist had to fast from midnight until the time of communion (even water and medications were forbidden). Over the following decades, the rules for the eucharistic fast were relaxed, first by Pope Pius XII and, later, by Pope Saint Paul VI.

The current Code of Canon Law (1983) states very clearly: "A person who is to receive the Most Holy Eucharist is to abstain for at least one hour before holy communion from any food and drink, except for only water and medicine" (Canon 919, §1). And, in the case of those who are ill and the elderly, the rules are even more accommodating, "The elderly, the infirm, and those who care for them can receive the Most Holy Eucharist even if they have eaten something within the preceding hour" (Canon 919, §3).

So, if we strictly follow the "letter of the law," the fast is calculated from the time of Holy Communion and not the start of Mass. However, when we remember why we fast — it is a reminder of the deeper hungers of the spirit that our physical thirst or hunger symbolize — we see that the issue is much bigger than simply fulfilling what is called for by Church Law and tradition. Joining fasting to our prayers and reflection before Mass is an opportunity to really center ourselves and to prepare our minds, hearts, and bodies to welcome the One we receive in the Eucharist. OLPi

### Saint of the Week



Venerable John Augustus (Gus) Tolton was born into slavery and escaped with his mother early in his life. He went to seminary in Rome and returned to the U.S. to form a black national church in Chicago. He is considered to be the first priest in the USA who was publicly known to be black. ©LPi



handout in the vestibule!

ST. MARY PARISH

91ST ANNUAL

### SUNDAY, AUGUST 20TH

FOR THE FIRST TIME SINCE 2019, WE ARE DOING A FULL DAY FESTIVAL!

AND WE CAN'T DO IT WITHOUT YOU!

WE NEED A LARGE NUMBER OF DEDICATED VOLUNTEERS TO HELP BRING EVERYTHING TOGETHER!



IF YOU'RE INTERESTED, PLEASE REACH OUT TO JOE & MARTE FRASCA AT FESTIVAL@STMARYSACTO.ORG OR THE PARISH OFFICE AT 916-452-0296.



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